

ROYAL COURT



Lie Low

by Ciara Elizabeth Smyth

Digital resource pack

Production images



About *Lie Low*

“I was broken into a year ago and I was struggling for a bit afterwards.
I’m fine now though.”

In the wake of a home invasion, Faye can’t sleep. She’s fine though.

All she’s had to eat this week is a box of dry Rice Krispies. She’s fine though, really – she is...

Desperate to shake her insomnia, Faye enlists the help of her brother, Naoise, to try a form of exposure therapy. But Naoise has a devastating secret that’s about to come to light.

Lie Low is a dark new play from writer Ciara Elizabeth Smyth and director Oisín Kearney, about fear, trauma and family. It offers a theatrical exploration into the human brain and its response to sexual assault.

Creative team

Ciara Elizabeth Smyth - Writer

Oisín Kearney - Director

Una Nic Eoin - Producer

Ciaran Bagnall - Set & Lighting Designer

Denis Clohessy - Sounds Designer

Philip Rafferty - Fight Director

Paula O'Reilly - Movement Director

Ronan McManus - Associate Producer / Production Manager

Ciara McCarthy - Nolan - Stage Manager

Thomas Finnegan - Duckman / Naoise

Charlotte McCurry - Faye

Rory Nolan - DR. Houlihan / DR. Hollowman (V.O)



Post show and writing prompt

Writer of *Lie Low*, Ciara Elizabeth Smyth, sits down with our Associate Playwright & Senior Dramaturg, Gillian Greer, to talk about her show. In this video, they talk about coming up with a title for your play, how Ciara came to write *Lie Low*, and expands on the form of the play.



[Click here to watch the talk](#)

Password to watch is: RoyalCourtOnline

Ciara Elizabeth Smyth on the Playwright's Podcast

Ciara Elizabeth Smyth is an award-winning playwright and screenwriter. Her latest play *Lie Low* was presented in the Traverse Theatre as part of the Edinburgh Fringe Festival in 2023. It won Best Theatre Script 2023 Writers Guild of Ireland and First Finalist BBC Writers Room Popcorn Award 2023. *Lie Low* makes its London debut this year in the Royal Court's Jerwood Theatre Upstairs.

[Listen here](#)



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Write your own review!

Now that you've watched the show, you might want to try and write your own review of the show

Here are some tips from the Royal Court press team about how to write a professional review:

1. Feel free to make notes during the performance/on the script
2. Make sure all names are spelt correctly, and all creatives where mentioned are credited clearly
3. Try to do some background research on the show, and what it hopes to achieve. Part of the response to the production should consider if you think it has achieved its aim
4. Avoid a simple retelling of the script, and being overly descriptive. Reviews should be filled with opinion and analysis
5. What is noticeable about aspects of the production outside of the acting, the dialogue, staging, costume and lighting design?
6. Question prejudices and assumptions. Be aware of any internal bias you may have, and make sure you back up statements with examples from the production
7. Remember your audience, reviews are designed for the general public and should be accessibly written
8. Try to write with curiosity and compassion, playwrights often spend years perfecting their work, and it should be perceived with this in mind

Stuck?

Here are some reviews of the show from when it was performed at the Royal Court Theatre

Press: David Hennessy interviews Ciara Elizabeth Smyth

Playwright Ciara Elizabeth Smyth told David Hennessy about her play Lie Low which is onstage at the Royal Court and deals with themes such as sexual assault and PTSD.

[Read the full article here](#)



Photo by Luke Bryant.